



brilliant color
bootcamp

oil
supplies

Nancy Medina Art

Oil supply list

When making supply choices, save your pennies by purchasing economical brushes and canvases, but try not to scrimp when it comes to purchasing your paints - professional quality colors will give you real power in your color punch! *If you're just learning and not ready to invest fully, student grade brands are fine, but splurge at least on a few of your favorite colors. I recommend Ultramarine Blue Deep, your Transparent Oxide Yellow by Rembrandt, Cadmium Yellow Light, Titanium White, and Ice Blue by Richeson.

You can find all my favorite brands for paints and many of my supplies at:

<http://www.nancymedina.com/favs>

CANVAS OR PANEL:

Most of the demonstrations in your Paint Brilliant Italy lessons will be on square format ampersand gessoboard panels, sizes 12X12 or 16X16. I use a variety of surfaces to paint on, from regular stretched cotton canvas, to ampersand gessoboard panel, to New Traditions Art Panels (the C13 linen, these are great, but pricey!). If you use cotton canvas, be absolutely sure to treat it with two thin layers of acrylic white gesso, let dry about four hours between coats. Don't let the label fool you, cotton stretch canvas almost always needs more gesso!

BRUSHES:

My fav - the ¾ inch flat Royal Soft Grip SG 700 - buy several of these, they're cheap! Make them last longer by conditioning them with a few drops of baby oil each day after cleaning. [Here's a great place to purchase them.](#)

One Royal Sabletek by Langnickel L95010 Number 14 Bright. [Here's a link to purchase them.](#)

A liner or rigger brush (optional) in your favorite brand - any brand of liner brush will be fine. Here is one I like, the Series 273 master rigger No 6 by Rosemary & Co. [Here's a link to purchase them.](#)

OTHER SUPPLIES

- » Standing or tabletop easel - any brand will do!
- » A Kemper wipeout tool (you can [find one here](#))
- » Viva Paper Towels (I am not paid to endorse these, but they really should name a wing of the Viva Corporate Headquarters Building in my honor!)
- » Palette Knife
- » Paper Palette (I love Richeson Gray Matters Paper Palette, [find them here](#))

Oil paints

Opaque Colors

- » Titanium White
- » Ice Blue (Richeson Shiva Series)
- » Cadmium Red Light
- » Brilliant Yellow Light (Richeson Shiva)
- » Cadmium Yellow Light

Transparent Colors

- » Transparent Orange (Gamblin)
- » Ultramarine Blue Deep (Rembrandt)
- » Permanent Rose
- » Transparent Oxide Yellow (Rembrandt)
- » Viridian
- » Transparent Oxide Red (Rembrandt)
- » Payne's Gray
- » Alizarin Crimson
- » Indian Yellow (Winsor & Newton)
- » Cobalt Blue Light
- » Dioxazine Winsor Violet
- » Sap Green
- » Magenta (Winsor & Newton)

Optional Fun/Funky Colors

- » Caribbean Blue (Old Holland)
- » Transparent Red Medium (Rembrandt)

Medium & solvent for oil painting

What does Medium do? It makes your paint glide, and makes it juicy.

What does Solvent do? Solvent strips paint, erases paint, and cleans paint off your brushes.

Be sure to always use containers with lids that are leakproof for your medium and solvent when painting.

MEDIUM

You can find Archival Lean Medium by Chroma, my favorite, at Dick Blick ([click here](#)). Another great choice is one-half Zest-it mixed with one-half refined linseed oil. You only need about an inch of medium in a small container when painting. I recommend the little glass jars that pimientos come in, or a small 2-inch diameter hard plastic container. Your medium lasts longer if you don't touch your brush to the bottom of the medium container when you use it. You can pour your medium right back into the medium bottle when you're done each day, and seal it safely with Saran wrap over the top before screwing the cap back on.

SOLVENT

I love using Zest-It, especially when traveling, but it can be difficult to find since it is currently sold only overseas. Rosemary and Company is a great source ([RosemaryandCo.com](#)). When ordering, select the "Oil Paint Dilutant and Brush Cleaner" label, 125 ml.

Good solvent choices available in the United States include Gamsol, Turpenoid, and Mona Lisa. You can find most brands at your local art or craft store, or online. A great container for solvent is an empty 1-pint Talenti gelato container with a kitchen scrubby in the bottom to serve as a screen.

Supplies for bonus multi-media lesson

- » [Acrylic modeling \(molding\) paste](#) – you can find at the craft store – small size
- » A large palette knife for spreading
- » [Acrylic white gesso](#), small container
- » [Fluid acrylics in Golden brand](#) – small containers: Transparent yellow oxide, green gold, permanent violet dark, iridescent gold (fine), and Sennelier brand Cobalt Teal
- » Cake decorating molding sheets that create patterns on wet surfaces (or any type of press on pattern sheets)
- » Cookie cutters in fun shapes, squares, circles, or anything you love
- » A plastic cover for your work table and paper plates and rubber gloves in case this gets a bit messy!
- » A paper palette sheet for acrylic or oils. Two of my favorites: [Arches Oil pad](#), size small, fine grain 140-lb sheets OR [Strathmore Acrylic paper pad](#), 400 series, size small
- » Oil paints from your online class supply list to complete the painting
- » Any stencils or fun patterns you'd like

NANCY MEDINA

palette map for oils



Permanent Rose
(Transparent)



Magenta
(Transparent)



Payne's Gray
(Transparent)



Viridian
(Transparent)



Transparent
Red Medium



Dioxazine Violet
(Transparent)



Transparent
Orange



Caribbean Blue
(Transparent)



Cadmium
Red Light



Cadmium
Yellow Light



Brilliant Yellow



Ice Blue

opaques



Titanium
White



Titanium
White



Titanium
White



Alizarin Crimson
(Transparent)



Transparent
Oxide Red



Cobalt Blue Light
(Transparent)



Indian Yellow
(Transparent)



Transparent
Oxide Yellow



Sap Green
(Transparent)



Ultramarine
Blue Deep
(Transparent)